

ERL Maintenance Support Sdn Bhd

Co. Reg. No. 199901023674 (498574-T)

MEMORANDUM

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DENGUE AWARENESS

Dear All,

As part of our commitment to promoting a safe and healthy workplace, we want to share some essential information on dengue fever, a mosquito-borne disease that can have serious health impacts. With the rainy season upon us, the risk of dengue fever increases, and it's important for us to take preventive measures to protect ourselves and our community.

What is Dengue Fever?

Dengue fever is a viral infection transmitted by Aedes mosquitoes, which are most active during early morning and late afternoon. Symptoms of dengue can include high fever, severe headache, pain behind the eyes, joint and muscle pain, rash, and mild bleeding. In severe cases, dengue can lead to a potentially life-threatening condition called dengue haemorrhagic fever.

Prevention: Stop Mosquito Breeding

One of the most effective ways to prevent dengue fever is by controlling mosquito breeding. Here are some steps we can all take to reduce mosquito breeding sites both at work and at home:

1. **Eliminate Standing Water:** Mosquitoes breed in stagnant water, so regularly check for and remove any standing water around your home and workplace. This includes water in buckets, plant pots, flower vases, bird baths, and clogged gutters.
2. **Cover Water Storage Containers:** If you have containers that store water, make sure they are tightly covered. This will prevent mosquitoes from laying eggs in them.
3. **Clear Debris:** Mosquitoes can breed in anything that holds water, so make sure to dispose of old tires, cans, and any other items that can collect water.
4. **Clean Drains and Gutters:** Mosquitoes can breed in drains and gutters that are clogged with leaves or debris. Make sure these areas are kept clean and free-flowing.
5. **Use Mosquito Nets and Screens:** If you can't avoid keeping windows open, install mosquito screens to prevent them from entering. Also, consider using mosquito nets, especially if you live in a high-risk area.

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We encourage everyone to be vigilant and take personal responsibility in identifying potential mosquito breeding sites.

Together, we can make a significant impact in reducing the risk of dengue fever. Thank you for your cooperation in helping us maintain a safe and healthy environment for everyone.

Stay safe and take care



Dr Hassan Alsalamat
Chief Executive Officer



Sukhbir Singh
HOD Safety and Security