









# **ERL Maintenance Support Sdn Bhd**

TRACK VEHICLE DRIVER/OPERATOR
REFRESHER COURSE & NEW INITIAL TRAINING
Prepared by: RTE

# TRACK VEHICLE DRIVER/OPERATOR REFRESHER COURSE & NEW INITIAL TRAINING



#### TRAINING OVERVIEW

#### **TURNOUT**

Overview of the selected procedures from Procedure for Station Supervisor

(G00.OMO.M15112.NA.1001.\*)

- General understanding of turnout
- •Overview of the selected procedures from Procedure for Train Driver

(G00.OMO.M15113.NA.1004.C / 103333#).

Overview of the selected Procedure for Communications and Signal Book.

(G00.OMO.M15114.NA.1002.B / 125486#)

#### CONTENT



- 1. GENERAL DESCRIPTION
- 2. DRIVE ON SIGHT & UNDER CAUTION
- 3. SAFETY ON THE LINE
- 4. SAFETY ON TRACK SIDE
- 5. TURNOUT GENERAL UNDERSTANDING
- 6. TURNOUT IMAGE
- 7. TURNOUT (FACING POSITION)
- 8. TURNOUT (TRAILING POSITION)
- 9. TUMBLER OR MANUAL POINT
- **10. AXLE COUNTER**
- 11. OCL & KILOMETER BOARD
- 12. CROSSOVER (XA)
- 13. SHUNTING MOVEMENT
- 14. SHUNTING AGREEMENT
- 15. SHUNTING MOVEMENT DEPOT AREA
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- 19. SIGNAL GENERAL DESCRIPTION
- 20. SIGNALS

#### **GENERAL DESCRIPTION**



Maintenance Track Vehicles are vehicle used for Maintenance purposes.

Before any movement, the Driver has to: -

- Get a verbal Shunting Agreement from LC/DC.
- Receive the Approval To Proceed from the OCC.
- Request for a new Approval To Proceed for:-
  - Every new start.
  - Change of direction.
  - After a break.



#### **DRIVE ON SIGHT & UNDER CAUTION**



#### Situation:

Passing failed signal/s or turnout/s.

- ON SIGHT &
- Approaching a train/vehicle (during rescue).



- Track inspection for uncertain track section.
- Track irregularities (obstacle, flooding, bouncing).
- Person in Structural gauge (people working under TPR, coupling of vehicle or intruders).
- Receiving instruction from OCC to check for any irregularities along the tracks.

Action: Drive in a way able to stop the train/vehicle if there is any danger or obstacle in front. Maximum permissible speed 40km/h.

#### SAFETY ON THE LINE



 IF SITUATION REQUIRED REQUEST FROM LC/DC TO BLOCKED ADJACENT TRACK BEFORE LEAVING TRAIN AND TO ENTER STRUCTURAL GAUGE.



THE OCL HAS TO BE CONSIDER ALWAYS LIVE UNTIL
IT IS ENSURED THAT THE OCL LINE IS DISCHARGED
AND EARTHED.



 SHOULD DRIVER IS IN DOUBT OR UNCLEAR WITH AN INSTRUCTION, DRIVER SHOULD RECONFIRM THE INSTRUCTION WITH LC/DC.



#### SAFETY ON TRACK SIDE







- Wear high visibility vest.
- Be continuously watchful for approaching vehicles/trains.
- Never sit, stand or walk on top of the rail.
- Never step or stand on the moveable part of turn out.
- Do not cross a track immediately after a vehicle passed. Wait until adjacent track can be observe in both direction.
- Do not touch or work on running rails during lightning and thunderstorm.

# TURNOUT GENERAL UNDERSTANDING



- Turnout is a combination of rails, rail tongues, motor/s and locking detector/s.
- The function is to allow movement of train from one track to the other track.

It is essential for a Vehicle Operator to identify the turnout position as if his/her

working area or nature of work is related to turnout areas or equipment's.

# DIVERT

# **TURNOUT IMAGE**



SLEEPERS

BALLAST

RAIL

POINT MACHINE TONGUE MOVER

TONGUE/ BLADE MOVABLE PART

**FASTENER** 

**SIWES** 

# **TURNOUT (FACING POSITION)**





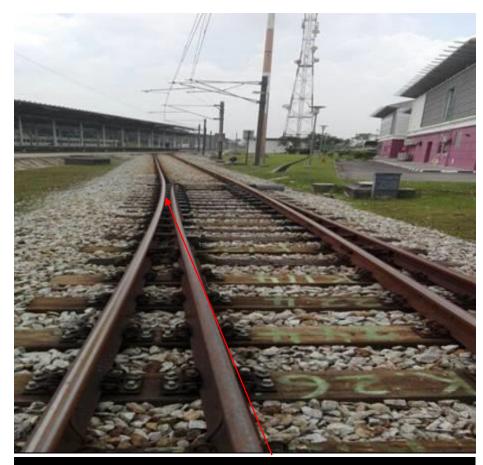
TURNOUT: SET TO LEFT.
Left Blade Open & Right Blade Close.

TURNOUT: SET TO RIGHT.
Right Blade Open & Left Blade Close.



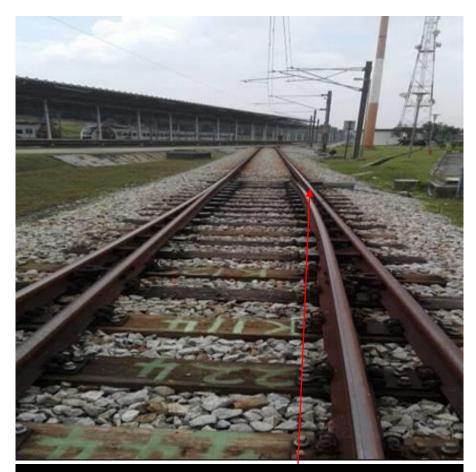
# **TURNOUT (TRAILING POSITION)**





TURNOUT: SET TO RIGHT.
Left Blade Open & Right Blade Close.





TURNOUT: SET TO LEFT.
Right Blade Open & Left Blade Close.



# **TUMBLER OR MANUAL POINT**







SET TO LEFT SET TO RIGHT



#### **AXLE COUNTER**



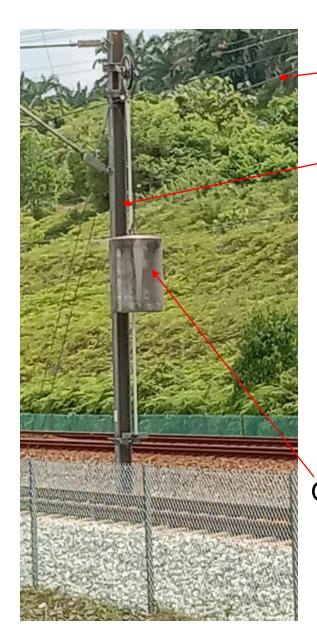
- An axle counter is a system used in railway signalling system to detect the clear or occupied status of a section of track between two points.
- The system generally consists of a wheel sensor (one for each end of the section)
   a unit for counting the axles of the train both into and out of the section.





# **OCL & KILOMETER BOARD**





OCL Wire

OCL Pole



**OCL Counter Weight** 

Kilometer Board



# **CROSSOVER (XA)**







- A crossover is a pair of switches that connects two parallel rail tracks.
- It allows a train on one track to cross over to the other.
- A crossover can also join two tracks of the same direction, possibly a pair of local and express tracks, and allow trains to switch from one to the other.

#### SHUNTING MOVEMENT



MOVEMENT IN THE DEPOT AND KLS REVERSING TRACKS ARE CALLED SHUNTING MOVEMENT.

WHEN EXECUTING SHUNTING MOVEMENT, ALL DRIVERS SHALL DRIVE ON SIGHT & UNDER CAUTION AND TO ADJUST TRAIN/VEHICLE SPEED WITHIN THE SPEED LIMIT IN A WAY THAT THEY ABLE TO STOP THE TRAIN/VEHICLE BEFORE ANY OBSTRUCTION OR DANGER.

BEFORE EXECUTE SHUNTING MOVEMENT AT DEPOT DRIVER MUST MAKE A SHUNTING AGREEMENT WITH LC/DC.

REMINDER: SPEED LIMIT 25KM/H.

#### DANGER

THE DRIVER MUST BE AWARE THE POSSIBILITIES OF ANOTHER TRAIN OR VEHICLE OCCUPYING THE SAME TRACK SECTION.

#### NOTE

DRIVERS HAVE TO SHUNT TRAIN, SHUNTING LOCO OR TRACK VEHICLE UP TO THE END "END OF SHUNTING ROUTES" OR TO THE AGREED STOPPING POINT.

#### SHUNTING AGREEMENT



#### Must Contain:

- 1. Vehicle name or number and location
- 2. Purpose of the movement
- 3. Destination
- 4. Additional information, if any



#### Reminder:

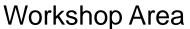
Vehicle preparation before execute shunting movement:

- Check vehicle for any irregularities
- Check vehicle equipment functionality
- Perform brake test
- Perform radio check and radio test (test call)

# **SHUNTING MOVEMENT – DEPOT AREA**









Track 8 Wheel Lathe & Spray Cabin



Track 8 Auxiliary Workshop





Washing Plant

Stabling Area

# **SHUNTING MOVEMENT – DEPOT AREA**





Entering Buffer End 31 - Shunt Signal D72 Leaving Buffer End 31 - Shunt Signal D71





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Entering Buffer End 1
Shunt Signal D2
Leaving Buffer End 1
Shunt Signal D1

#### SHUNTING MOVEMENT – KLS REVERSING TRACKS



# Two unit of trains or 8 car train can enter (occupied) KLS reversing track



Stop Aspect



**Proceed Aspect** 



**Entering Reversing Track** 

# **Drive On Sight & Under Caution**



Stopping at Reversing Track



Leaving Reversing Track



Speed Limit 25 km/h

#### **COMMUNICATIONS GENERAL DESCRIPTION**



- Only on-duty qualified persons are permitted to use the radio.
- Qualified persons must use radio communication for matters only directly related to Operations and Maintenance.
- Any irrelevant, unidentified, or false radio communications including any obscene or impolite language are strictly prohibited.
- Failure or improper operation of any communication equipment's must be reported to the OCC as soon as possible by means of the suitable form of communications.

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#### **COMMUNICATION CENTRE**

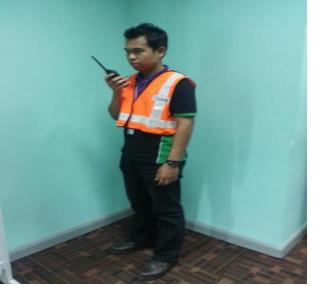


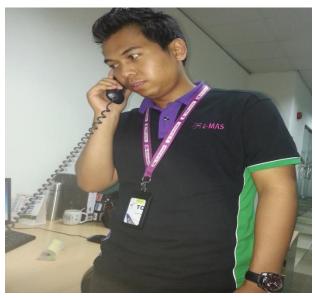
- The OCC is the communication centre for the ERL CRS System.
- All matters concerning operations, maintenance, emergencies, power supply and etc. are to be directed to the OCC.
- All communications to/from OCC must be communicated via facilities which are connected to the voice recorder.





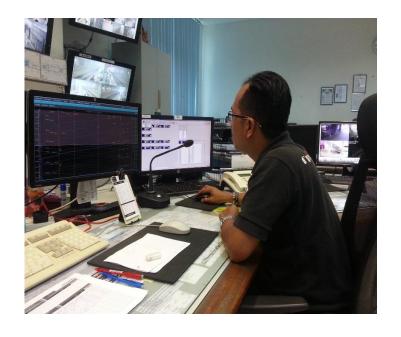






# RADIO COMMUNICATIONS EQUIPMENTS









- Trainborne radio. (onboard train and shunting locomotive)
- Hand portable radio. (walkie-talkie) for moveable used for Operations and Maintenance personnel.



# **ADDITIONAL COMMUNICATIONS EQUIPMENTS**



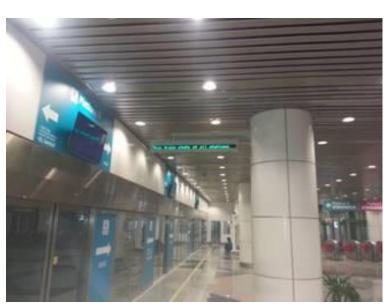
- Private Automatic Branch Exchange. (PABX)
- Handphone.
- Close Circuit Television. (CCTV)
- Passenger Information Display. (PIDS)
- Public Address (PA) system.















#### HANDPORTABLE RADIO



#### HANDPORTABLE RADIO CHECK:

To ensure hand portable in good working condition check:

- Battery.
- Signal coverage.
- Aerial.
- Set the correct group channel.



# HANDPORTABLE RADIO TEST (Test Call):

- After radio check.
- During maintenance vehicle preparation.
- After battery change. (Hand portable)
- After changing to a new location of work.
- Before pushing or pulling.
- Before opening Permit to work.



#### PRINCIPLES FOR VERBAL COMMUNICATION



- IDENTIFICATION:
   Vehicle name/number.
- LOCATION: Exact area e.g. kilometer board, track, station & in front which signal.
- PURPOSE:
   Reason or details report.
- ADDITIONAL INFORMATIONS: Related to operational & safety decision.







# **CONDUCT RULES**





- Speak clearly and concise.
- Speak without dialect, if possible.
- Use short sentences.
- Keep the conversation short.



#### **REMINDER:**

- One person talking at a time.
- The rest listen.
- No interruption.
- Wait until the communication ends.
- Unless Emergency Call.

All instructions must be repeated back and confirmed before execution.

#### RADIO CODE WORDS







- Go ahead: Proceed with your message.
- Over: My transmission is finished and expect a response.
- Standby: Wait, I will call back.
- Affirmative: Permission granted/read back is correct.
- Roger: Transmission acknowledged.
- Copied: Transmission acknowledged and finished.
- Negative: Permission not granted/that is not correct.



# TRANSMISSION OF ALPHABET & NUMBERS



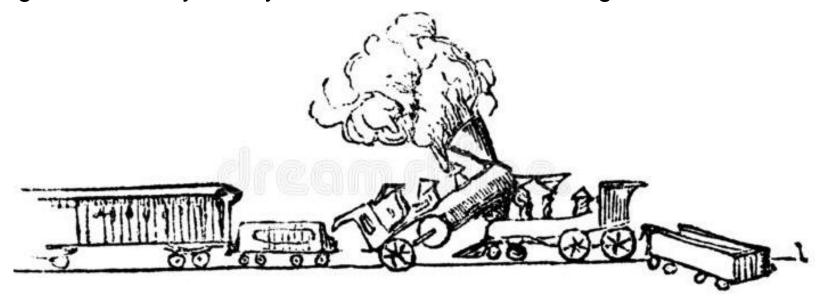
Α	В	С	D	Е
Alpha	Bravo	Charlie	Delta	Echo
F	G	Н	I	J
Foxtrot	Golf	Hotel	India	Juliet
K	L	М	Ν	0
Kilo	Lima	Mike	November	Oscar
Р	Q	R	S	T
Papa	Quebec	Romeo	Sierra	Tango
U	V	W	X	Υ
Uniform	Victor	Whiskey	X-ray	Yankee
Z				
Zulu		n e		

1	2	3	4	5
ONE	TWO	THREE	FOUR	FIVE
6	7	8	9	0
SIX	SEVEN	EIGHT	NINE	ZERO
67 SIX SEVEN	0082 ZERO ZERO EIGHT TWO			

#### **EXECUTING INSTRUCTION**



Any instruction given by the Operations Control Center, driver are also responsible in observing all necessary Safety Procedures, Rules and Regulations.



#### DO NOT EXECUTE ANY INSTRUCTION

- Which is driver did not properly understood and confirmed by the OCC.
- Which is the instruction obviously affecting safety and may lead to an accident.
- Which is given to driver by an unauthorized person.

#### **EXECUTING INSTRUCTION & REPORTING**



# WARNING LC/DC → RECIPIENT → LC/DC

- The LC/DC issues the complete instruction and should not be interrupted by his Vehicle Operator.
- All instruction must be repeated by Vehicle Operator back before execution.
- The Vehicle Operator repeats the instruction & LC/DC must confirm that instruction read back is correct.



- The Vehicle Operator reports, request "Approval" or giving information to LC/DC.
- LC/DC repeats the report, respond to request or acknowledging the information.
- The Vehicle Operator must confirm that respond back by acknowledging.

#### COMMUNICATION FOR PUSHING OF TRAIN/VEHICLE







- One Way Communication.
- No Need To Repeat.
- Communicate at Least Every.
   10Second To 1Minute.
- Permanent Announcement.



#### **DESTINATION CALL**

- Two Way Communication.
- Repeat Immediately.
- Communicate Constantly.
- Permanent Conversation.

#### ADDRESSING EMERGENCY



#### **EMERGENCY CALL**

- First priority
- Override others call
- Introduce word 'Emergency'



#### **EMERGENCY CALL CONTENT**

Leading word "Emergency"
Name and department
Vehicle name/number
Type of incident
Location of the incident
Other details which are important

#### **REMINDER:**

- Press Emergency Call Button & the alarm will trigger at OCC. (if unable to speak)
- Not all situation is not consider an emergency, example a small fire burning situation especially if the driver couldt delt with the fire extinguisher him/her self.
- If having a radio malfunctioning use other kind of communication to contact LC/DC.

#### APPROVAL TO PROCEED



Verbal "**Approval to Proceed**" is an authorization to move when communication by signals malfunction. The verbal "Approval to Proceed" can only be issued by the OCC.

#### DANGER!

NEVER COMBINE VARIOUS APPROVALS TO PROCEED.

#### REMINDER!

PROVIDE ADDITIONAL INFORMATION IF THIS COULD ENHANCE/SUPPORT SAFETY!

WARNING

IT IS NOT ALLOWED TO COMBINE A RADIO TEST WITH AN APPROVAL TO PROCEED.

#### SIGNAL GENERAL DESCRIPTION



 Drivers must ensure that they are fully familiar and must obey all signals applicable to their movement.

 All fixed signals are equipped with identification markers which must be quoted to OCC when required.

#### Note:

- Direction number for down track (direction from KLS to KLIA) is indicated with alphabet T for 'TURUN'.
- Up track (direction from KLIA to KLS) is indicated with alphabet N for 'NAIK'.

#### **CATEGORY & TYPE OF SIGNALS**



# Main Signal:

- Home Signal.
- Exit Signal.
- Automatic Block Signal. (ABS)

# Subsidiary Signal:

- Distant Signal.
- Repeater Signal.
- Shunting Signal.

# Additional Signal:

- Call On Signal.
- Route Indicator.
- Destination Indicator.

# Type Of Markers & Sign Board:

- Permanent.
- Temporary.



### SIGNAL STATUS INDICATION



- The distance between the signals varies between 950 m to 1850 m.
- Main Signal is a multi coloured light signal and used to indicate the status of the block ahead.

# **GREEN Aspect: PROCEED**

- Block ahead is cleared and movement is allowed.
- Allows the maximum speed according to the line speed, except if there are no other speed restrictions or instructions.

# YELLOW Aspect: CAUTION

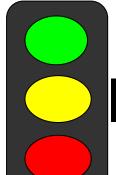
- Reduce speed and prepare to stop at the next signal. (if STOP Aspect)
- Reduce speed for diverging of track. (Attach with Route/Direction Indicator)

# RED Aspect: STOP

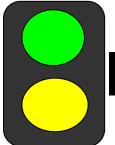
- Block ahead is occupied and no movement is allowed.
- Stop for all trains, maintenance vehicles and locomotive.
- Stop approximate 10 meters in front of Red Aspect signal.

## **SIGNAL ASPECT**

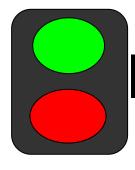




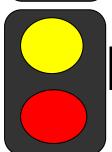
3 ASPECT: GREEN, YELLOW AND RED



2 ASPECT: GREEN, YELLOW



2 ASPECT: GREEN, RED



2 ASPECT: YELLOW, RED



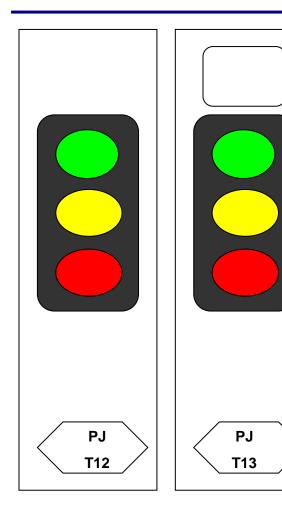
1 ASPECT: YELLOW

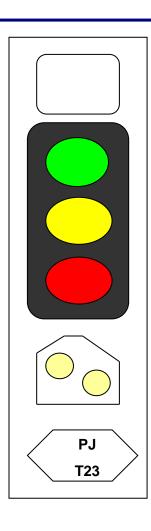


1 ASPECT: RED

### **HOME SIGNAL**







**SECTION CODE** 

KS,BS,XA,PJ,ST,KA

DIRECTION OF TRAVEL

T (Turun) or N (Naik)

**IDENTIFICATION MARKER** 

1 (Outer Home) or 2 (Inner Home)

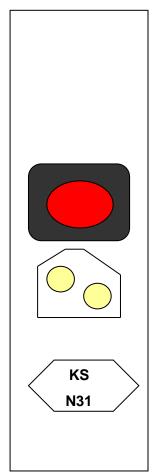
TRACK

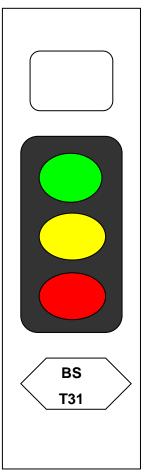
2, 3

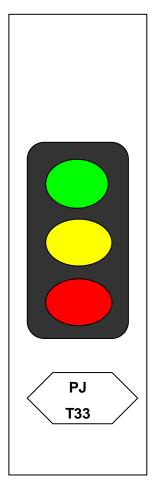
- Location of these signals is when entering into a station and terminal.
- Identification marker number '1' to indicate signal for Outer Home and '2' signal for Inner Home.

### **EXIT SIGNAL**









**SECTION CODE** 

KS, BS, XA, PJ, ST, KA

**DIRECTION OF TRAVEL** 

T (Turun) or N (Naik)

**IDENTIFICATION MARKER** 

3 (Exit), 4 or 5 (Additional Exit)

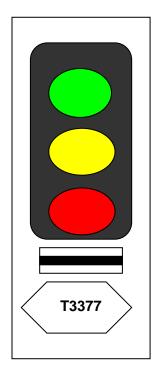
PLATFORM/TRACK

1, 2, 3 or 4

Location of these signals are when leaving a station and terminal or into reversing track KLS.

## **AUTOMATIC BLOCK SIGNAL**





**DIRECTION OF TRAVEL** 

T (Turun) or N (Naik)

TRACK

2 or 3

KILOMETER DISTANCE

**HUNDRED METERS** 

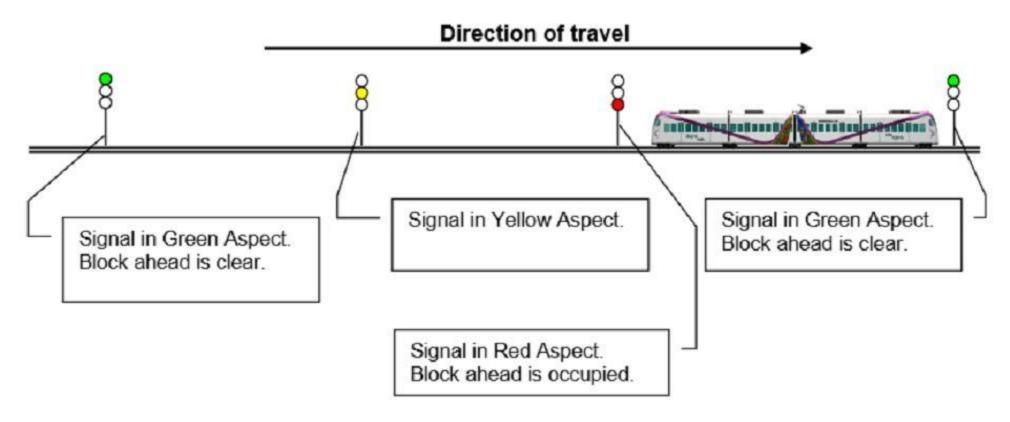
- Location of these signals are between 2 stations.
- Distance between the signals varies between 950m to 1850m.





# ABS THE SYSTEM

Signal function is based on track occupancy. (referRefer diagram below)

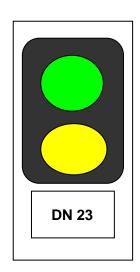


## **DISTANT SIGNAL**



- Located in braking distance in front of Home Signal.
- Indicates the status of the Home Signal.
- Place at the right hand side on the mainline.
- Only used during bi-directional operation.





## NOTE

Distant Signal Showing Green Aspect:

 Indicates That Home Signal in front is proceed aspect - Green Or Yellow.

Distant Signal Showing Yellow Aspect:

• Indicates That Home Signal in front is stop aspect.

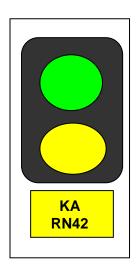


### REPEATER SIGNAL



- Repeats the status of the Main Signal ahead.
- Located in area where signal visibility is not available.
- An obstruction or sharp curves in front of the Main Signal.
- Placed at right or at the left hand side of the track.





# NOTE

Repeater Signal Showing Green Aspect:

• Indicates That Signal in front is proceed aspect - Green Or Yellow.

Repeater Signal Showing Yellow Aspect:

• Indicates that Signal in front is stop aspect.

## **SHUNTING SIGNAL**





PROCEED

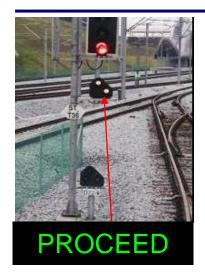


**STOP** 

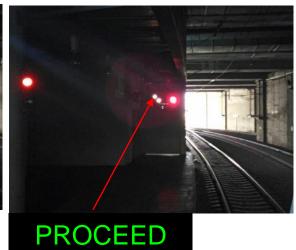
- Location of these signals are at shunting area. (KLS reversing track & Depot)
- Identification number "S" for KLS reversing track & "D" for Depot.
- Proceed aspect two white light illuminates slanting 45°.
- Stop aspect two white light illuminates horizontal.

### **CALL ON SIGNAL**









- Illuminates when signal is given by LC/DC to train/vehicle as an approval to proceed entering an occupied platform. Usually to rescue train at Stations.
- Only illuminated when a route is set from Main Signal KLS to enter KLS Reversing track.

## NOTE: SPEED RESTRICTED

- 40km/h entering station. (Drive On Sight & Under Caution)
- 25km/h entering reversing track. (Shunting area)

## **ROUTE INDICATOR & DIRECTION INDICATOR**









**DIRECTION INDICATOR** 



#### Route Indicators:

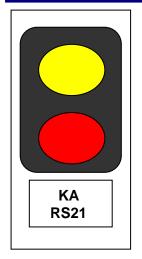
- Located at relevant Home and Exit Signals to indicate the particular route setting when more than one diverging track is possible.
- The number 1 to 4 indicates the track to which the route has been set.

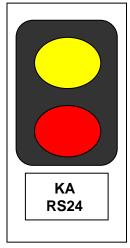
### **Direction Indicator:**

 Alphabet 'D' and 'T' indicates route has been set to Depot and Test Track respectively.

#### **ROUTE SET SIGNAL**







- Is a stop signal with either a Yellow or Red aspect.
- Identified by the alphabet 'RS' followed by number of the relevant main signal and to inform drivers that the route has been set.
- Located at KLIA2 to permit train depart to KLIA.
- Indicates that the status of the in-front signal KA\_S24 and KA\_S21.-

# Route Set Signal at Yellow Aspect:-

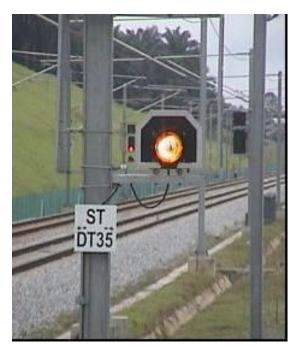
 Proceed as per normal line speed, as next signal is Yellow Aspect or Red Aspect.

# Route Set Signal at Red Aspect:-

Stop and hold position, as next signal is Red Aspect.

#### PERMANENT YELLOW





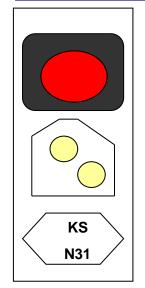
- Permanent Yellow The Permanent Yellow signal is located at test track.
- It indicates that the next signal Main Signal entering STS is Red Aspect or Yellow Aspect.

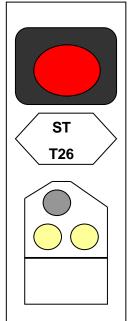
# NOTE:

- Main signal ahead ST T35. (Exit Test Track to enter platform 1 STS)
- ST T35 two Aspect Yellow & Red. (Caution to enter platform 1 STS)
- Permanent Yellow always indicates caution while ST T35 Yellow or Red Aspect.

#### PERMANENT RED







- Permanent Red These signals are located at both entrances into the depot & reversing track.
- Indicates that function of Main Signal ends here or border between depot/ reversing track with mainline.
- Speed limit 25km/h.
- The drivers to obey the Shunt Signals at Depot or Call-On Signal as an approval to proceed. (To KLS Reversing Track)

## NOTE:



When Entering Depot To Make Shunting
Agreement With LC/DC Before Entering Depot.
Switch Radio Channel to OPS 1002
Obey the Shunt Signal as an approval to proceed.

## **HEADSHUNT/BUFFER – END/STOP**









- End of Shunting Route The End of Shunting Route is placed on each buffer stop
  in the depot area and at the end of the reversing track.
- At signal KA T32 and track 3 KA T33 at the formerly known as CRS platform in KLIA.
- At the end of test track (Track 143).
- KLIA2 T41 & T44 and KLS N42.

### HAND SIGNAL



- Used where main or subsidiary signals and signal boards are unavailable or impractical.
- Signal Aspect Red: STOP Green: PROCEED Yellow: CAUTION
- The signal lamp used to perform hand signals shall be capable of displaying Red, Yellow and Green lights.
- Visibility of at least 50m must be ensured.

Meaning	Hand Signal	Night Hand	Flag (Day)
Proceed! Resume Authorised Speed!	One arm out-stretched parallel to ground	One arm out-stretched with Green signal lamp	One arm out-stretched with Green signal flag/rounded device
Slow down. Caution. Prepare to stop	One am out-stretched and waving down/up from side	One arm out-stretched and waving down/up from side with Yellow signal lamp	One arm out-stretched and waving down/up from side with Yellow signal flag
Stop! Come to a full stop before the signal	Arms out-stretched with upright forearms	One arm outstretched with Red signal lamp	One arm outstretched with Red signal flag/rounded device

## PERMANENT MARKERS & SIGN BOARDS





ABS Marker Plate Signal Plate



Distant Signal Plate



Repeater Signal Plate



Kilometer Board

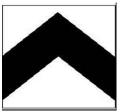


**RS21** 

Route Set Signal Plate



Speed Limit Board



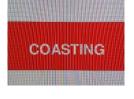
Line Speed Board



Fouling Point



NO ENTRY WITHOUT LOOK OUT













End of OCL Board



## **TEMPORARY MARKERS & SIGN BOARDS**





**Stop Marker** 



Stop Marker With Hazard Light



Speed Limit Board



Beginning of Speed Restriction Board

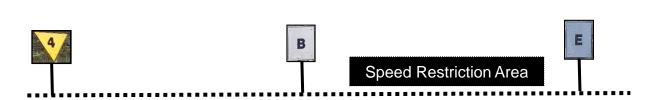


Ending of Speed Restriction Board



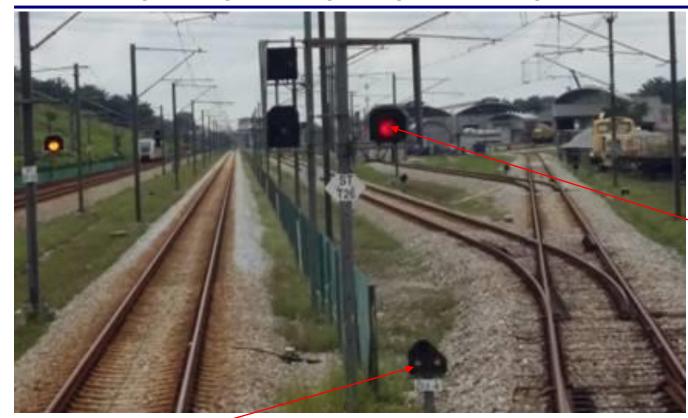
## **SPEED RESTRICTION BOARDS**

**DIRECTION OF TRAVEL** 



# **ENTERING DEPOT – FROM NORTHERN SIDE**





Main Signal
Permanent Red
(Home)
ST
T26

Shunting Signal D3



BEFORE PROCEED
OBSERVE SIGNAL ASPECT &
ACTIVATE WARNING DEVICE
(HORN)

# **LEAVING DEPOT – FROM NORTHERN SIDE**



Main Signal (Additional Exit) ST

N46



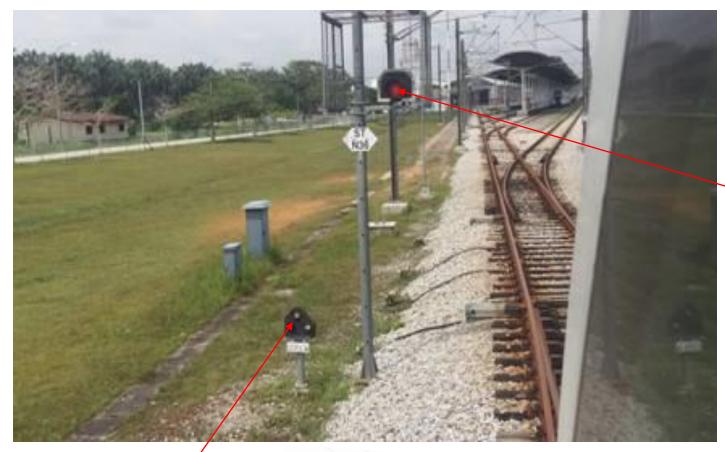


BEFORE PROCEED
OBSERVE SIGNAL ASPECT &
ACTIVATE WARNING DEVICE
(HORN)

Shunting Signal D2

## **ENTERING DEPOT - FROM SOUTHERN SIDE**





Main Signal Permanent Red (Exit) ST N36

Shunting Signal D73



BEFORE PROCEED
OBSERVE SIGNAL ASPECT &
ACTIVATE WARNING DEVICE
(HORN)

# **LEAVING DEPOT – FROM SOUTHERN SIDE**





Main Signal (Exit) ST T36

Call on Signal

Shunting Signal / D72



BEFORE PROCEED
OBSERVE SIGNAL ASPECT &
ACTIVATE WARNING DEVICE
(HORN)

# **QUESTION & ANSWER SESSION**





# THE END









Have a Great Day!